

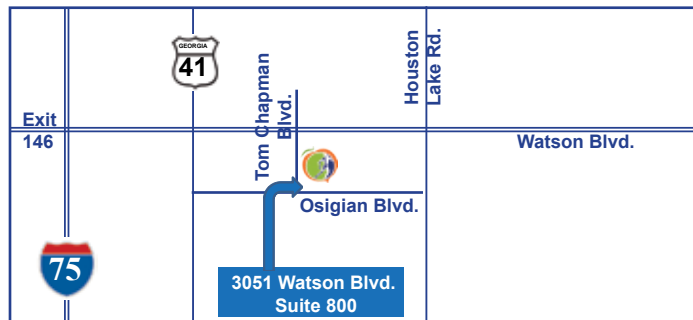
Your surgery has been scheduled at  
**HOUSTON ORTHOPEDIC  
 Surgery Center**

Date: \_\_\_\_\_

With Dr. \_\_\_\_\_

**YOUR CHECKLIST:**

- Picture Identification
- Medications in original container
- Copy of Living Will, Advance Directives, or Medical Power of Attorney
- Responsible adult to drive you and care for you
- Valid, current insurance card




**HOUSTON ORTHOPEDIC  
 Surgery Center**

**3051 Watson Boulevard, Suite 800  
 Warner Robins, Georgia 31093  
 478-971-2252  
 After Hours: 478-953-4563**

State of GA DHR Permit #076-369  
 AAAHC Organization #79085



**HOUSTON ORTHOPEDIC  
 Surgery Center**

**PATIENT GUIDE  
 & INSTRUCTIONS  
 FOR YOUR SURGERY**

**AMBULATORY SURGERY**

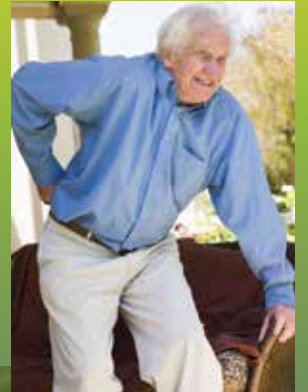
WELCOME to **Houston Orthopedic Surgery Center (HOSC)**. We are pleased that you and your physician have scheduled your surgery at our facility.

Houston Orthopedic Surgery Center is a state-of-the-art ambulatory surgery center (ASC), where surgeons perform multiple outpatient surgical procedures. We specialize in and restrict our surgical practice to orthopedic and spine procedures.

Our physicians meet stringent credentialing and privileging criteria to be a member of our medical staff. They are a dedicated team of award winning, Board certified or Board eligible Orthopedic surgeons who are here to provide you with optimal patient care.

Our center offers a safe, convenient, high quality alternative to inpatient hospitalization. Ambulatory surgery is carefully regulated by licensure in the state of Georgia and by the Federal Medicare regulations (CMS).

We strive to achieve and maintain accreditation from AAAHC; an agency that specializes in ambulatory surgery facility excellence and is well recognized in the professional community for their high quality standards.





## WHAT YOU CAN EXPECT

We intend to make your surgical experience as pleasant as possible for you, your family, and your significant others.

### PROMPT ATTENTION, PLEASANT SETTING

Upon arrival you will receive prompt attention in an atmosphere that is pleasing to patients and family members. It is important to arrive in a timely manner and follow all instructions provided by our personnel. If, at any time you do not understand what is happening, please feel free to ask.

### IMPORTANT NOTES ABOUT YOUR VISIT

Always wear something comfortable and easy to remove. Do not wear jewelry, if you must wear your contacts; bring a lens box and your glasses. You must have a responsible, adult support person with you to drive you home and help care for you at least for the first 12 to 24 hours. Please remember that space is limited and be aware that all patients will have others with them.

### FOLLOW ALL INSTRUCTIONS FROM OUR STAFF

Specifically: Medications should be taken only as instructed. If you are taking medications that include a blood thinner, aspirin or herbal supplements, you must discuss this with your surgeon prior to surgery. If you have not, please call us. Be sure to bring all of your medications in their original containers on the day of your surgery.

Bathe or shower the night before or the morning of surgery to minimize the risk of infection. Do not apply lotions or deodorants before your surgery. On the morning of surgery, you may brush your teeth but do not swallow the water.

*Derrick Phillips, M.D., Jeffrey Jarrett, M.D., Jeffrey Easom, D.O., William Wiley, M.D., Daxes Banit, M.D., K. Scott Malone, M.D., and David Wiley, M.D.*



You should refrain from smoking at least after midnight the night before surgery.

If you are or could possibly be pregnant, please notify us immediately upon arrival to the Center. Several medications and possible use of radiation for imaging purposes may cause harm to a developing fetus.

Discharge: Following your procedure, HOSC nursing staff will provide your discharge instructions and will review those instructions with you and others designated by you. You should take this opportunity to ask any questions that you have regarding your post discharge and recovery care.

You must have a responsible adult to stay with you after surgery and possibly including the night following.



Transportation: For the public's safety as well as your own, HOSC requires you to have someone to drive you home after surgery. Some procedures, anesthesia and medications may impair your ability to drive safely for a period of time following surgery. If you do not have a ride, your appointment will be canceled and you will be referred to your physician's office for rescheduling.

### COSTS AND PAYMENTS

You are expected to bring your picture identification and current insurance card with you on the day of surgery. The costs for ambulatory surgical services are normally covered by most health care plans except for your deductible, co-pay and/or co-insurance. We will submit claim forms directly to all third par-



ty payors on your behalf; however, following that, it is your responsibility to work with your carrier to have your claim addressed promptly. You will be responsible for payment of any insurance co-payments and/or co-insurance amounts on the day of surgery. If you do not have insurance or you must for any reason pay the fee yourself, please contact our Business Office BEFORE your scheduled surgery appointment to discuss payment options.

Our office personnel will be glad to assist you, answer any questions you may have and help with your payment arrangements before your surgical procedure.

Your payment to Houston Orthopedic Surgery Center is for the facility fee only. You will receive a separate bill from your surgeon, anesthesia personnel and pathologist. Call HOSC for contact information to make arrangements with those providers.

### ANESTHESIA

The Anesthesiologist is looking forward to meeting you and taking care of you during your stay at HOSC. The anesthesia administered is tailored to the outpatient experience. The form of anesthesia used depends on your general health, the kind of procedure you are having and other factors that will be discussed preoperatively. You will be monitored during your entire stay at HOSC.

### BEFORE THE DATE OF YOUR SURGERY

You may receive two calls from our Center. One will be from our business office staff to discuss your insurance and/or payment options and another from our clinical personnel to review your health status, provide your pre-operative instructions and identify any special needs that you may have. You may be asked to stop by our center to be evaluated or to visit a lab for necessary tests. If you have a Living Will, Advanced Directives or have appointed Medical Power of Attorney, you must inform our personnel and bring the form(s) with you on the day of your surgery.

All of our personnel will be available to either answer your questions or find out the answers for you. If you have not heard from us a few days before your scheduled procedure, please call us. For a specific question, comment or complaint, please do not hesitate to contact our Director.